



PRODUCT CARE

Running shoes

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Cleaning trail running shoes is not complicated. It's also not necessary to make them all shiny and new again after every run. Still, heat, cold, moisture, UV rays and in particular dirt will make the materials in your shoes over time brittle and make them wear out faster. A few simple aids can help you extend the lifespan of your favorite shoes.

NICE TO KNOW

- ▶ Do not throw your shoes in the washing machine. The color and shape can be altered doing that.
- ▶ Grime, such as dried mud, sand or caked dirt can affect the uppers of your shoes like sand paper and increase wear and tear.

Prior to washing

- ▶ Before washing remove the footbeds of your shoes, take out laces, and simply knock off dried mud and other dirt.
- ▶ Fill a suitable container with lukewarm water and a mild cleaning agent or detergent. Do not use aggressive or acidic cleaning agents and never use bleach.
- ▶ Simply add a few drops of tea tree oil in the cleaning solution to remove unpleasant odors.
- ▶ Stuff your shoes before cleaning with some old newspaper. That allows your shoes to keep their shape and makes cleaning easier!

Washing

- ▶ Clean the uppers of your shoes with the mild soapy solution and a soft brush.
- ▶ You can also wash laces with a brush and a mild soapy solution. An alternative possibility is to clean them in the washing machine. For that, you should put the laces in a laundry bag.
- ▶ You can also clean the footbeds easily with a mild soapy solution and a brush. Rinse until the water runs clear.
- ▶ For cleaning the outsoles, best to use a sponge that has been soaked in some of the soapy solution.
- ▶ Pay attention that no detergent remains on any parts of your shoes.



Drying

- ▶ Allow all the parts to dry well before you reassemble your shoes.
- ▶ First step is to use a small towel to remove as much moisture as possible.
- ▶ Allow your shoes, footbeds and laces to dry in a dry place.
- ▶ Finally, stuff your shoes with old newspaper. That absorbs the remaining moisture from the upper materials and allows your shoes to dry more quickly. Replace the paper with new dry paper when it gets wet.
- ▶ You should never apply high temperatures, such as with a dryer or a hair dryer, or allow them to dry on the heater.



Directly after activity

- ▶ Air out your shoes in a dry place, best in fresh air.
- ▶ Avoid direct sunlight and other sources of heat.
- ▶ If your shoes are moist or wet, stuff them with more old newspaper to soak up the moisture from the materials. Replace the paper with new dry paper when it gets wet.

DWR treatment

- ▶ A waterproof treatment is not a requirement, but it can extend the life of your shoes because it helps repel dirt and moisture.
- ▶ Before applying a treatment, you should thoroughly clean and dry them.
- ▶ Ideally, you can apply the first treatment before wearing them the first time.
- ▶ You can apply a treatment in a targeted manner with a spray. Allow the spray to soak in and dry well after application. Plan a little extra time for this.

OUR TIP

The DWR treatment used should be made for shoe uppers.
We recommend a treatment spray by TOKO: [Eco Textile Proof](#)



STORAGE

In-Season

During the season, you should store your shoes in a well-ventilated area that is protected from direct sun and great temperature fluctuations.

Off-Season

- ▶ Clean your shoes thoroughly before storage.
- ▶ Remove the insoles from the shoes and store them and the insoles in a dry place protected from direct sun.
- ▶ Storing shoes in an airtight box, bag or closet should be avoided.

SERVICE

Repair and replacement parts

We offer repair services and replacement parts for many products. Our credo is: Repair, don't toss. Find out more from your DYNAFIT retailer or our [customer service](#).

